





Lyme disease is an infection transmitted through the bite of an infected blacklegged tick. The majority of human cases occur as a result of exposure to areas known to have infected blacklegged ticks. Early symptoms may include fever, headache, muscle and joint pain, fatigue and an expanding red rash. The best prevention is to avoid tick bites by using insect repellent, wearing proper clothing, removing ticks as soon as possible after bites and removing tick habitats from around the home.

Guest Speakers



<u>Jacin Lapointe</u> is a Public Health Nurse - Infection Control Professional with the Eastern Ontario Health Unit. Jacin will be talking about the aspect of lyme disease on humans.

<u>Lissa Deslandes</u> is the Regulations Officer with the Raisin Region Conservation Authority. Lissa 's presentation will address tick identification and prevention etc. She will discuss the type of ticks presently in our area, their biology and ways to prevent them from going on your person.





<u>Michael Hermann's</u> presentation will address his personal experience of being diagnosed with having contacted lyme disease from deer ticks.

Refreshments & Snacks Starting at 12:30 pm

Cost: OWA Members Free Non-Members \$5

Please R.S.V.P. by March 21, 2019

1-613-984-2948 Ext. 285 1-877-984-2948 Ext. 285

or

sdgowawood@gmail.com

